Meet Zody, the high-performance, mid-priced task chair that blends science-based wellness and comfort with international design and sustainability. She’s a first in many ways.

Zody is the first task chair to have PAL®, a passive pelvic support and a patented, user-selected, asymmetrical lumbar support system.

She’s the first task chair to be endorsed by the American Physical Therapy Association.

And she’s the first task chair certified as a Cradle to Cradle™ Gold Product by MBDC (McDonough Braungart Design Chemistry, LLC).
The DNA of Zody: Form Follows Science™

How do you get a good looking task chair that is environmentally sensitive and lets users set personal comfort levels within superior human engineering standards?

You let form follow science — and get Zody.

Over two years of persistent research and development led to the product design innovations that are Zody. Her revolutionary asymmetrical lumbar support system is a result of a joint study between Haworth and The Human Performance Institute of Western Michigan University. Approximately 70% of all test participants made one thing very clear: controlling the degree of support on either side of their lower back was the key to comfort. From this has come Zody’s PAL® back system, combining asymmetrical lumbar adjustment, passive pelvic support, and a host of ergonomic refinements — a revolutionary step forward in office seating.

Her substance comes with a sophisticated aesthetic. Thanks to European and North American design collaboration, Zody is truly international, as well as versatile. She fits everywhere in the world and anywhere in the office, from workstation to boardroom.

And Cradle to Cradle™ sustainability means Zody adds to the work environment without taking from the natural one.

All this because the form of a chair took its lead from science. That’s Zody.
There is a tendency for the pelvis to rotate backwards into an unhealthy posture when sitting. Working together with the lumbar adjustment system, Zody’s pelvic support helps prevent this backward rotation.

The lumbar pad consists of four concentric rings interconnected by small, flexible webs, but independent of each other. Users can distribute pressure to the lower back asymmetrically according to their personal preferences. The wave in the middle takes pressure off the spine.
Zody’s patented lumbar support system, with its asymmetrical control concept is the result of more than two years of observation, research and development. By combining custom-aimed pelvic support with the patent-pending Flex Zones, Zody’s system is a breakthrough in comfort and efficiency. Research has shown that traditional lumbar support devices have undesirable effects at the lower end.

The Flex Back System is based on a back research conducted in partnership with Western Michigan University’s Human Performance Institute. This research has taken a different approach to lumbar support, utilizing a unique control concept in the spine of the lower back while the user is seated. The combination of the back flex, mesh construction, lumbar pad, pat-ted panoramic adjustment and individualized adjustment provides a broad range of users a comfortable ergonomic support for a broad range of users.

Lumbar Adjustment
The concentric rings on the pad, which are interconnected by small flexible webs, react to the user’s preference for lighter to heavier support. The pad is designed to be flexible, allowing it to move with the user.

Personalized Lumbar Support
Zody’s lumbar pad can be adjusted four inches in height to coincide with “the small” of the user’s back. Each handle can be rotated up or down to achieve varying amounts of support independently on either the right or left side to maximize comfort of the lower back.

Pelvic Support
Zody’s pelvic support pad places gentle support on the sacral pelvic area of the back. The purpose is to help maintain the spine’s natural curvature, the “S” curve, especially when sitting for long periods of time.

Arm and Seat Design:
More Flexibility & Support
Arms play a major role in ergonomic design. Zody’s arm adjust offer a unique capability. This 4-D design improves flexibility, support and comfort. Users will find it easier to keep their shoulders in a neutral posture. They can move closer to their worksurface and still make effective use of the backrest. Forearm support, important when using a mouse or keyboard, is greater. And there’s reliable support for shifting one’s seated position.

Zody’s seat design is the result of years of refinement. Its contours and geometry combine to provide users the highest levels of comfort and efficiency. A seat with Technogel® Soft Lite Gel provides a healthy option, as research shows gel seats reduce muscle activity in the lower back and lessen the pressure of the lower part of the hips to help reduce fatigue while increasing back comfort even further.

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Zody is a Cradle to Cradle™ Gold Certified Product as determined by MBDC (McDonough Braungart Design Chemistry, LLC). Zody has been evaluated for her human health, environmental health, lifecycle attributes, renewable energy, water stewardship, and social responsibility characteristics against stringent certification criteria and is considered an ecologically intelligent product. She is the first task chair to do so.

Zody is GREENGUARD® certified as a low emitting furniture product and is free of PBBs, PVC, CFCS, and chrome. Two of the most recyclable materials on earth — steel and aluminum — make up almost 77% of Zody’s weight, simplifying recycling. Disassembly takes less than 15 minutes, and customers can return any or all of their Zody chairs to Haworth for recycling of these valuable materials.

At the prestigious Best of NeoCon, Zody won a Silver Best in 2003.

Zody has won a 2005 GOOD DESIGN™ Award, presented by the Chicago Athenaeum Museum of Architecture and Design.

NeoCon Canada honored Zody with a Gold IIDEX in 2005.

The legendary Mies van der Rohe thought the chair a difficult object of design. “A skyscraper,” he once said, “is almost easier.” Not when form follows science as Zody does.

Zody is included in Haworth’s “Take-Back Program.”
Zody
A high-performance task chair that blends science-based wellness and comfort with sustainability and international design.

Awards
- Silver Best of NeoCon, Seating: Ergonomic Desk/Task, June 2005
- World Environment Day Gold EBDA HonCon Gold, Seating, 2005

Certifications
- Cradle to Cradle Gold Certified Product by MBDC (McDonough Brumgart Design Chemistry, LLC), October 2005

Endorsements
- American Physical Therapy Association, December 2005

Designers
- ITO Design and Haworth Design Studio

Dimensions
- Overall Height: 26–43”
- Overall Width: 29”
- Overall Depth: 29”
- Seat Height: 16–21”
- Seat Width: 19–24”
- Seat Depth: 16–19”

Standard Mesh Colors
- Mesh is standard in eight colors, optional removable upholstered back jacket available in fabric or leather.

Frame and Arm Caps Trim Colors
- TR-L Black
- TR-E Smoke
- TR-K Black
- TR-A Metallic Silver
- TR-B Metallic Gunmetal
- TR-MC Metallic Champagne
- PA-F Polished Aluminum

Base and Arm Uprights Trim Colors
- TR-L Black
- TR-A Metallic Silver
- TR-B Metallic Gunmetal
- TR-MC Metallic Champagne
- PA-F Polished Aluminum

The optional headrest reduces neck fatigue, and with 2.5 inches of adjustable range, it can accommodate the neck height for a wide range of users.

Optional FA2™ Back System, including a patented asymmetrical lumbar adjustment and passive pelvic support, provides lower back support.

Arms available fixed, height adjustable and 4-D motion.

Seat standard fixed or adjustable. Optional TechnoGel® Soft Lite Gel insert provides extra support.

The balanced 3-point tilt mechanism provides 24 degrees of back recline for greater comfort.

Hard-wheel casters available for carpet floors, and soft dual-wheel casters for hard floors.

Note: The images and color representations shown may vary slightly from the actual material. Swatch samples are available through your local Haworth dealer.
For more information call 800.344.2600 or 616.393.3000. Download additional copies at haworth.com.

This brochure is printed on FSC certified U2®:XG™, manufactured with electricity in the form of renewable energy (wind, hydro, biogas) and contains a minimum of 30% post-consumer recovered fiber. FSC is the global benchmark for responsible forest management.

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