



EZ Lift II®

“The Affordable”

Sit/Stand Mechanism



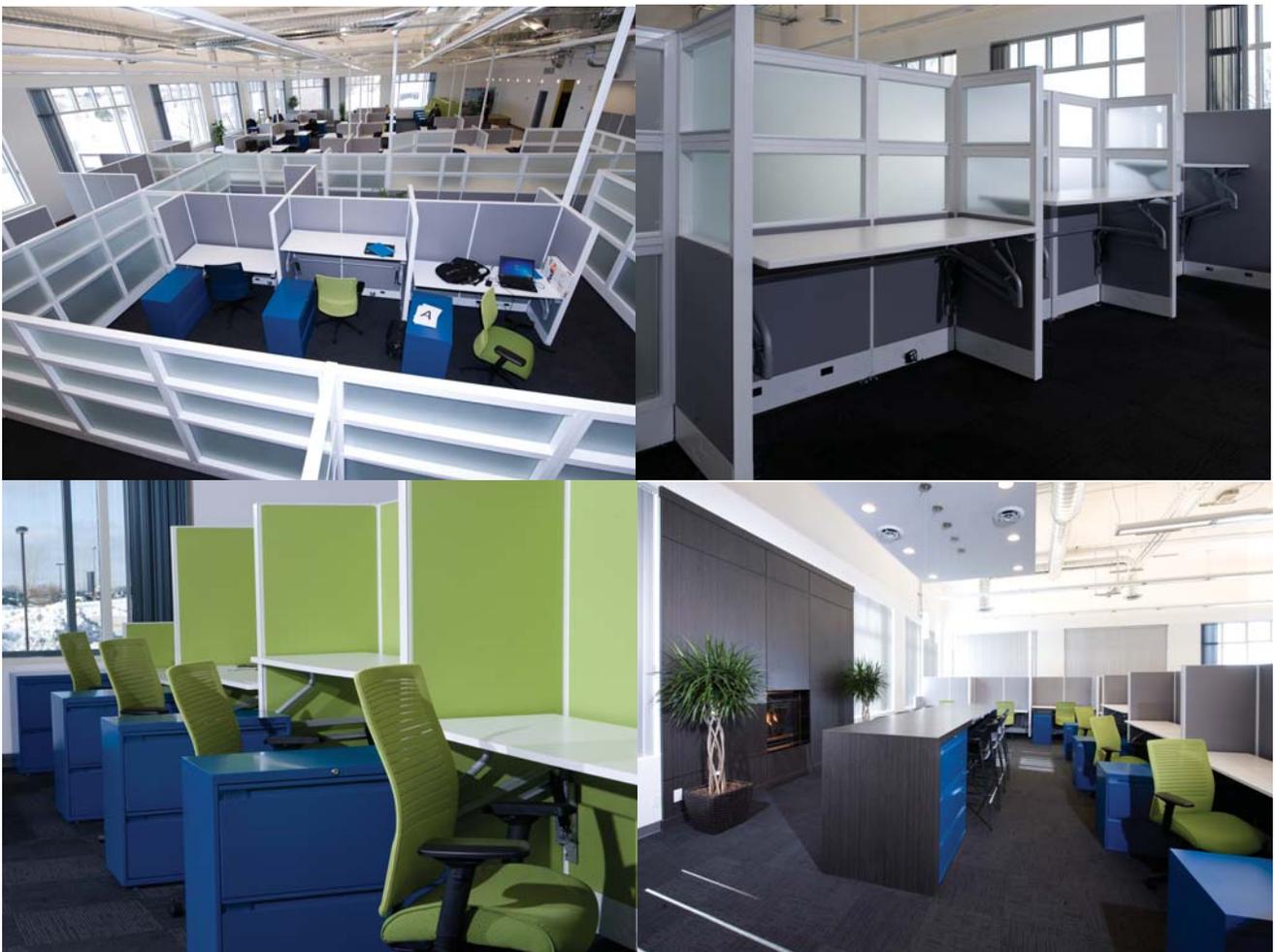
Proudly made in Canada of Canadian Materials

Introduction to **EZ Lift II®**: *we are designed to ‘move’*

Clerical and management people can spend their entire day sitting at their desk at their computer. To enhance their sense of wellness and to ensure their well being, they should have workstations that allow them to intermittently change their posture from sitting to standing, which relieves fatigue and energizes them. The result will be improved staff morale and improved productivity. Height Adjustable Worksurfaces are recognized as one of the healthiest options for office workers. All ergonomists site the advantages to office workers of being able to change their posture throughout the day.

EZ Lift II® Sit/Stand Mechanism is a height adjustable mechanism that:

- Clips into the vertical keyslots of a system’s panel by means of hooked teeth and is securely locked into position. **EZ Lift II®** is ANSI/BIFMA certified.



EZ Lift II® is Green:

- Our steel is sourced from several steel suppliers who use a significant portion of recycled steel. Their recycled content is typically made up of 14 to 15% post industrial scrap and 8 to 10% post consumer scrap.
- Our packaging is made with 100% recycled paper.
- Our non-hazardous powder-coat epoxy paint process reclaims up to 99% of overspray with minimal discharge into the environment.
- **EZ Lift II®** is 100% recyclable.
- **EZ Lift II®** not being electrified makes it more green than electrical mechanisms...not to mention the significant cost savings not consuming any electricity over its lifetime.

EZ Lift II®'s Patent Pending Features:

- Height adjustable dual arm mechanism that raises a Primary Worksurface from 27" to 47" in height.
- The height adjustment is infinite throughout its vertical range.
- The preferred height is easily adjusted and secured through its locking mechanism. The Primary Worksurface maintains a horizontal/level position throughout the range of height adjustment.
- Primary Worksurface stays a safe one inch from the systems panel and one inch from adjacent worksurfaces.

Benefits of the EZ Lift II®:

- Adjusting one's posture throughout the day from sitting to standing complies with the recommendations of ANSI/BIFMA and ergonomists. Movement and its associated flexing of the spine improves one's circulation and lubricates one's joints, which reduces long term muscle fatigue and leads to the reduction of costly absenteeism due to back pain.
- Progressive companies can use Height Adjustable Workstations as a means of attracting and retaining valued staff. By protecting the health of their staff, they demonstrate statesmanship through concern for their people and "Brand" their company as caring and enlightened. At the same time, they will reduce their costs for Workman's Compensation and absenteeism.
- Freestanding Desks with a fixed height of 29" are problematic; they are not designed for the 5th and 95th percentiles of people. Height adjustable worksurfaces permit greater flexibility in hiring with no concern for ethnicity because they accommodate a broad range of heights of people.

- Height adjustable worksurfaces also accommodate the special needs of those who wear bifocals, the handicapped or individuals confined to wheelchairs and will help better support the ever increasing aging demographics of the office place.
- The **EZ Lift II®** is great for Hoteling by supporting multiple users of different heights.
- Companies are reducing the footprint of their staffs' workstations to reduce overhead. As a trade off, they will be able to offer that they have improved their health and wellness by emphasizing the benefits of height adjustability.
- Dr. Alan Hedge at Cornell University reported higher productivity for individuals who both sit and stand intermittently throughout the day. Participants who did not alter their positions (non-standers) took more frequent breaks plus their breaks were extended. .
- Dr. Marvin J. Dainoff states that increased circulation increases one's problem solving ability by providing more oxygenated blood. Increased alertness is a necessity to mistake proof office processes. Mistakes can be very costly to a company.
- Dr. Levine at the Mayo Clinic studies how inactivates such as sitting for a long time affect our health by slowing one's metabolism; a factor leading to obesity and the acceleration of fatigue. Scientists explain that when we sit, we reduce our production of the enzymes that burn fat and overall, we reduce our metabolic rate. By standing for two hours of your workday, one can burn an additional 340 calories per day! This equates to the loss of as much as 20 pounds a year!!!
- Standing during a telephone conversation actually enhances your communication abilities by helping to expand your chest. This helps you to enunciate more clearly and modulate your voice. Sitting tends to create a monotone voice projecting disinterest. Raising your worksurface while standing and taking your phone call allows you to comfortably read or take notes.
- Some tasks are more quickly done while standing e.g. straight processing, responding to simple emails and sorting of paperwork.
- As office workers are increasingly computer focused and their demographics is aging, they are more susceptible to back pain.
- Prolonged sitting causes increased muscle loading in the neck and shoulder muscles resulting in pain; often ending with lower back pain. Back pain is a major cause of absenteeism and the related costs of overtime and the slow delivery of services.

EZ Lift II®

Demonstrates Leadership and Concern For Your People

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